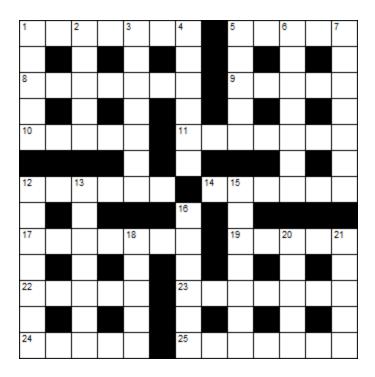
Arogyamantra Crossword 029



Across

- 1 Physician known for his treatise on ayurveda (7)
- **5** The protective outer covering of a seed (5)
- 8 Digestive organ (7)
- **9** Brain-power or grasping power in Sanskrit (5)
- 10 Yet another vata which moves upwards (5)
- **11** Herbal decoction (7)
- 12 Lacking in movement (6)
- 14 Another name for adhatoda used for treating respiratory ailments (6)
- 17 Combination of dried ginger, pepper and long pepper (7)
- **19** All the plant life in a region (5)
- **22** One of the Panchakarma treatments (5)
- 23 Heat a substance so that it oxidizes or reduces (7)
- **24** To become sore by rubbing (5)
- 25 Natural detergent is obtained from this tree (4,3)

Down

- 1 A rib-like part of a plant or animal (5)
- 2 Fragrant odour (5)

- **3** Indian gooseberry in Sanskrit (7)
- 4 Bark of this tree used for keeping healthy and youthful (6)
- **5** Mode of prakriti associated with lethargy, darkness, and ignorance (5)
- **6** Yogic physical purification (7)
- 7 Rheumatism caused by build up of toxins (7)
- **12** Describing one of the three gunas (7)
- **13** Abnormal avoidance of drinking (7)
- **15** Another name for lucerne, a leguminous plant grown for hay or forage (7)
- 16 Narrow groove in an organ or tissue (6)
- **18** Liquorice-flavoured aromatic seed (5)
- **20** Garlic relative (5)
- **21** A substance that exerts an effect (5)

SOLUTION

