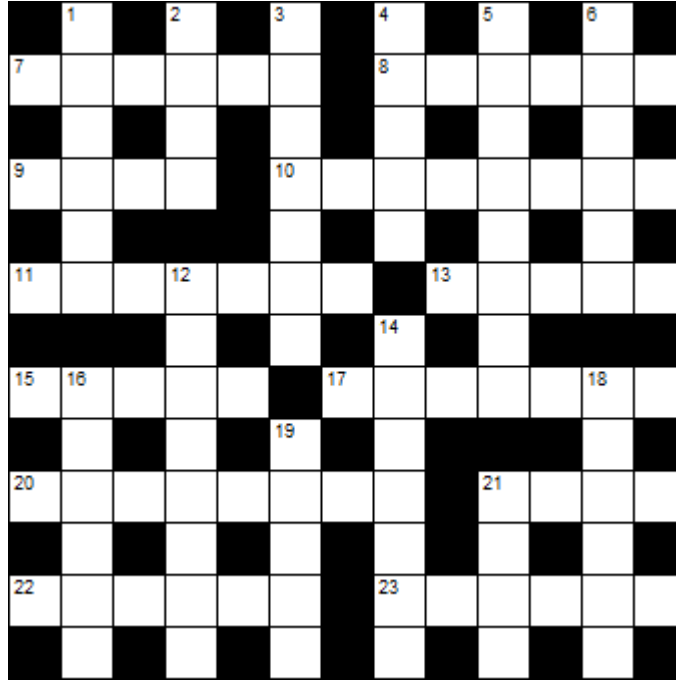


## Arogyamantra Crossword 041



### Across

- 7 Herb used to prepare a healing balm (6)
- 8 Marked by a severe deficiency of oxygen in tissues (6)
- 9 A quality of *prakriti* (4)
- 10 Liquid aldehyde with a penetrating odour often made from rice husk (8)
- 11 Natural aromatic resin (7)
- 13 Hydrated sodium borate; used as a flux or cleansing agent (5)
- 15 One of the *gunas*, opposite of *tamas* (5)
- 17 Cinnamon in Sanskrit (7)
- 20 Tropical plant belonging to the spurge family used as a purgative and a source of biofuel (8)
- 21 An aromatic ointment (4)
- 22 Soft silky fibres obtained from plants of *Gossypium* genus (6)
- 23 A harmful insecticide (6)

### Down

- 1 Bark of this tree is a very good cardiotoxic (6)
- 2 Eating disorder in children (4)
- 3 Crocus variety with aromatic pungent orange stigmas used in flavouring food (7)
- 4 Containing or produced from milk (5)

- 5 Sri Lankan name for Centella asiatica (4,4)
- 6 Indian Kino used to treat inflammation and diabetes (6)
- 12 Primal motive force or nature (8)
- 14 Seeds of this aromatic herb is used to treat colic and digestive disorders (7)
- 16 Describing a device which is not digital (6)
- 18 Aromatic bulb used as seasoning (6)
- 19 Yet another *vata* which moves upwards (5)
- 21 Subtle energy channel; pulse (4)

## SOLUTION

