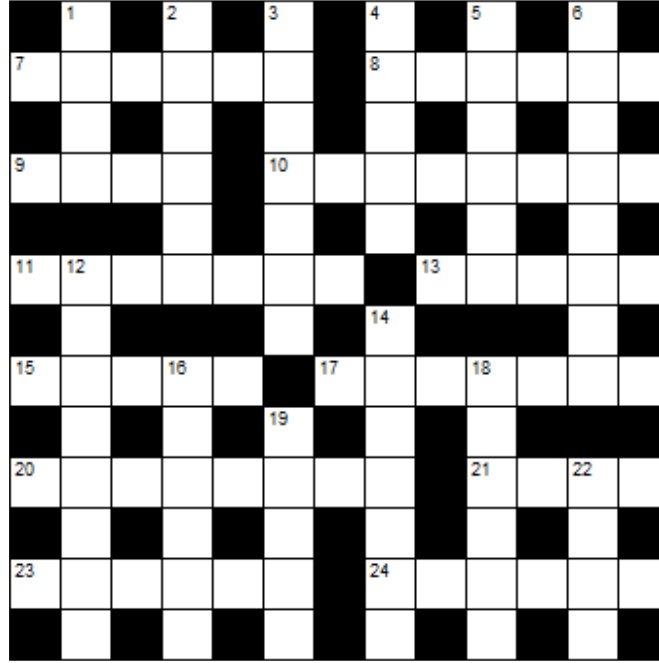


## Arogyamantra Crossword 100



### Across

- 7 In yoga, one of the centres of spiritual power in the body (6)
- 8 Sensation that leads to vomiting (6)
- 9 A colloid in a more solid form (4)
- 10 Native cereal plant from Central and South America related to the quinoa (8)
- 11 Embelia ribes used as an anti-parasitic herb (7)
- 13 Minute hairlike projections on mucous membranes (5)
- 15 A type of vata which moves downwards (5)
- 17 Product obtained from honeycomb (7)
- 20 An unguent or salve (8)
- 21 The inner and longer of the two bones of the human forearm (4)
- 23 Milk protein (6)
- 24 Important Indian spice useful in treating toothaches (6)

### Down

- 1 Clarified butter used in India (4)
- 2 Ether; one of the panchabhootas (6)
- 3 Sanskrit name for clove (7)
- 4 Massage (5)

- 5 Sanskrit for *Aloe vera* (6)  
6 Wound healing herb known as Gotu Kola (8)  
12 Sanskrit for the ten senses (8)  
14 Salad plant (7)  
16 East Indian spice tree belonging to *Myristica* genus (6)  
18 Semiconsciousness (6)  
19 Leaves of this yellow-flowered plant is used as a laxative (5)  
22 Indian tree from which natural pesticides are made (4)

## SOLUTION

