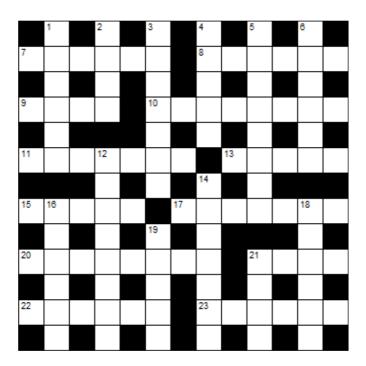
Arogyamantra Crossword 104



Across

- 7 Direct insight (6)
- **8** Gas used during aerobic respiration (6)
- 9 Food grain helpful in reducing cholesterol (4)
- 10 Sanskrit for the ten senses (8)
- 11 Dried root used as a coffee adulterant or substitute (7)
- 13 Numerical scale used to compare variables with one another (5)
- **15** Organ of interest to cardiologists (5)
- 17 Important carbohydrate source of energy (7)
- 20 Describing rejuvenating ayurvedic preparations (8)
- 21 Culture medium (4)
- 22 Accumulate on the surface (6)
- 23 Aromatic herb having edible seeds and leaves and stems (6)

Down

- 1 The air that is inhaled and exhaled (6)
- 2 Vigour or essential energy of the human body (4)
- **3** Turmeric in Sanskrit (7)
- 4 Alcoholic beverage (5)

- **5** Tending to promote or preserve health (8)
- **6** English name for the til plant (6)
- 12 Aromatic spice used in preparing pulao (8)
- **14** Another name for lucerne, a leguminous plant grown for hay or forage (7)
- **16** Sanskrit name for the castor plant (6)
- **18** Stirrup shaped bone in the inner ear (6)
- **19** Rose apple (5)
- 21 Ayurvedic term for digestive fire (4)

SOLUTION

