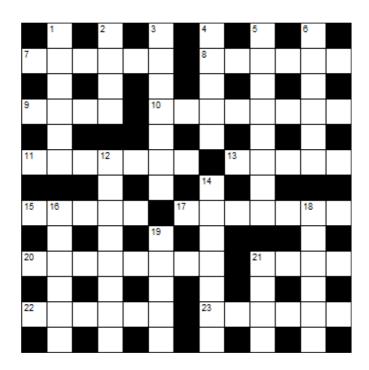
## Arogyamantra Crossword 110



## Across

- 7 Soft orange-coloured fleshy fruit (6)
- **8** Ether; one of the panchabhootas (6)
- **9** Spice made from the dried fleshy covering of the nutmeg seed (4)
- 10 One of the myrobalans with laxative property (8)
- 11 Some one who follows a particular way of life (7)
- 13 Pertaining to the ear (5)
- 15 Liquorice-flavoured aromatic seed (5)
- 17 Sanskrit for lime (7)
- 20 A fatty deposit in the inner lining of an artery (8)
- **21** Venous blood vessel (4)
- 22 Innermost light-sensitive eye membrane (6)
- 23 Small ayurvedic pill (6)

## Down

- 1 Salt, in Sanskrit (6)
- 2 Aromatic herb (4)
- **3** Art and science of cooking (7)
- **4** Describing food produced from milk (5)

- **5** One of the embryonic stages (8)
- 6 In yoga, one of the centres of spiritual power in the body (6)
- 12 State of violent mental agitation (8)
- **14** Sanskrit name for clove (7)
- **16** East Indian spice tree belonging to *Myristica* genus (6)
- **18** Maidenhair tree (6)
- 19 Hydrated sodium borate; used as a flux or cleansing agent (5)
- 21 One of the three doshas (4)

## **SOLUTION**

