# 

## Arogyamantra Crossword 113

#### Across

- 7 Typically red, edible Solanaceous fruit (6)
- **8** Sound made with the back of the tongue and soft palate (6)
- 9 Clarified butter used in India (4)
- 10 A gene that disposes normal cells to change into cancerous tumour cells (8)
- 11 Aromatic roots of Acorus ------ is used in medicine and cooking (7)
- 13 Blood in Sanskrit (5)
- 15 One of the *Panchakarma* treatments (5)
- **17** Medicinal herbal wine (7)
- 20 Substance that tends to increase the flow of urine (8)
- 21 Ayurvedic term for digestive fire (4)
- 22 Sacred basil (6)
- 23 Ipomoea digitata used for eliminating intestinal worms (6)

#### Down

- 1 Bark of this tree is used for treating leucorrhoea (6)
- 2 Spice made from the dried fleshy covering of the nutmeg seed (4)
- **3** Large hard-shelled nut with a fibrous husk containing thick white meat surrounding a central cavity filled with fluid (7)

- 4 Tannin extract derived from Acacia sp. (5)
- 5 Cyperus rotundus or mushta used in ayurveda (3,5)
- 6 Nut having significantly higher amounts of omega 3 fatty acids (6)
- 12 Describing a blood vessel carrying oxygenated blood (8)
- **14** One of the main veins in the body (7)
- 16 One of the small sacs in a compound gland (6)
- **18** Hindu or Buddhist religious literature (6)
- **19** Streaks or ridges in muscle tissue (5)
- 21 Disease condition caused by HIV (4)

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### **SOLUTION**