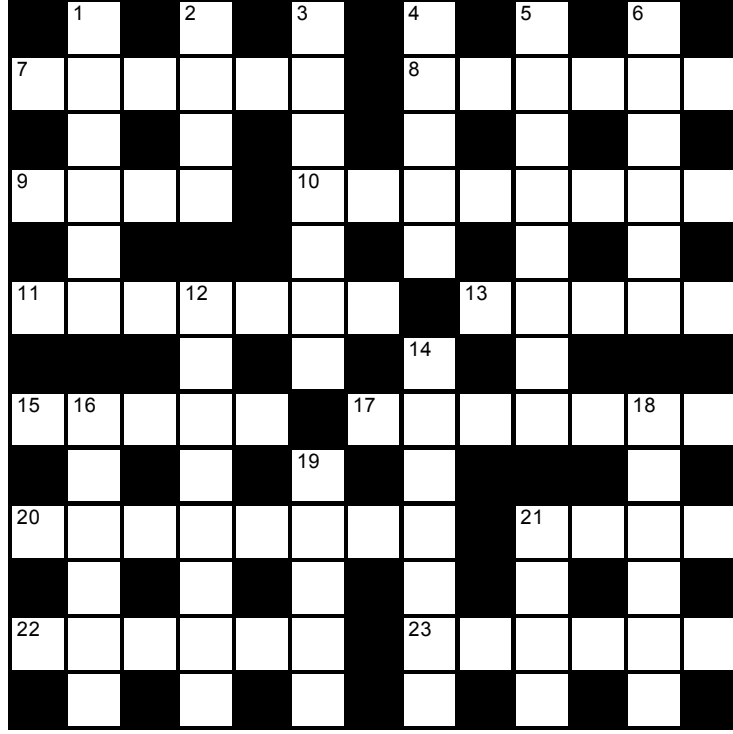


## Arogyamantra Crossword 001



### Across

- 7 One of the five purification therapies of panchakarma (6)
- 8 Rules of good behaviour or conduct (6)
- 9 One of 10 Ac. (4)
- 10 Basis for ayurvedic diagnosis of diseases based on the three bodily humours (8)
- 11 Describing slow or passive nature (7)
- 13 Shinbone (5)
- 15 Oil (5)
- 17 Cholesterol reducing resin (7)
- 20 English name for nerinjil mullu or gokshura (8)
- 21 Subtle energy channel; pulse (4)
- 22 The passage to the stomach and lungs (6)
- 23 Opposite of practice (6)

### Down

- 1 Salt, in Sanskrit (6)
- 2 Sanskrit term for strength; also a herb (4)
- 3 Describing one of the three gunas (7)

- 4 Tulsi (5)
- 5 ----- cough; pertussis (8)
- 6 Herb to enhance memory (6)
- 12 Ritual washing in preparation for prayer (8)
- 14 To beat rhythmically (7)
- 16 Ether; one of the panchabhootas (6)
- 18 Bark of this tree is used for treating leucorrhoea (6)
- 19 Major blood vessel that carries blood away from the heart (5)
- 21 Indian tree from which natural pesticides are made (4)

### SOLUTION

