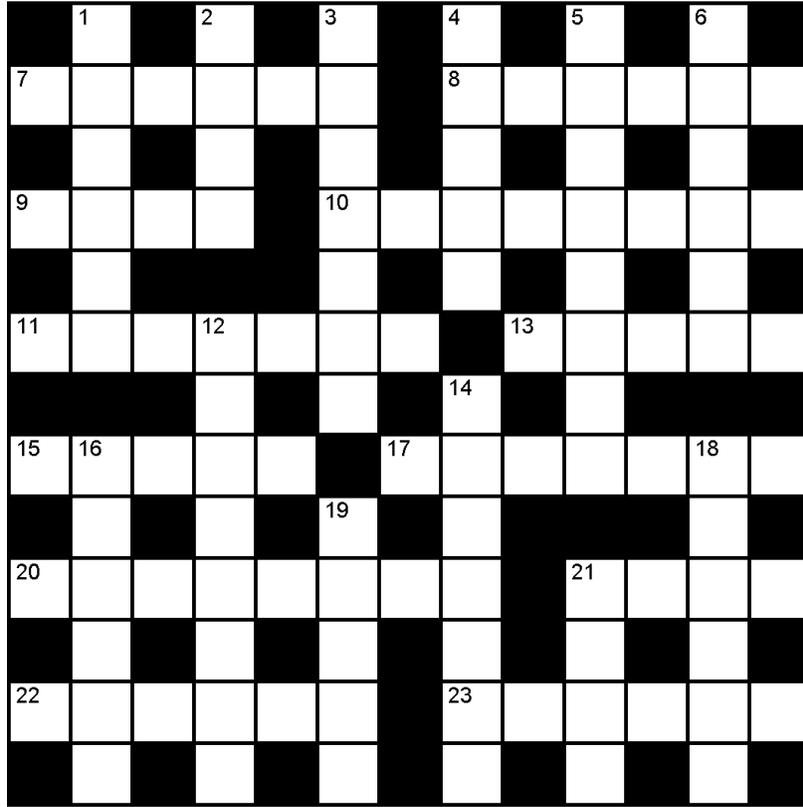


Arogyamantra Crossword 004



Across

- 7 Hairy blue-flowered European annual herb used in herbal medicine (6)
 8 Strong-scented mat-forming Eurasian herb (6)
 9 Ayurvedic term for digestive fire (4)
 10 Dried rhizome used as a seasoning and medicine (8)
 11 Nausea inducing medicines (7)
 13 Soul in Sanskrit (5)
 15 Yoga posture (5)
 17 Sanskrit name for Indian dill (7)
 20 Describing rejuvenating ayurvedic preparations (8)
 21 Quality or taste of an ayurvedic drug (4)
 22 Powdered mixture of herbs and spices (6)
 23 Bark of this tree used for keeping healthy and youthful (6)

Down

- 1 Indian beech or Karanj in Tamil (6)
 2 ---- pariksha or ayurvedic pulse examination (4)
 3 Salad plant (7)
 4 Resin often used in rejuvenation therapy (5)
 5 Healthy drink from Camellia sinensis leaves (5,3)
 6 Hard protective sheath of some seeds (6)
 12 Subtle element perceived by one of the five senses (8)

- 14 Seeds of this aromatic herb is used to treat colic and digestive disorders (7)
 16 Sanskrit word referring to an extremity or limit (6)
 18 Adhatoda used to treat respiratory ailments (6)
 19 One of the three basic gunas (5)
 21 Desert teak used to treat urinary and hepatic disorders (4)

SOLUTION

