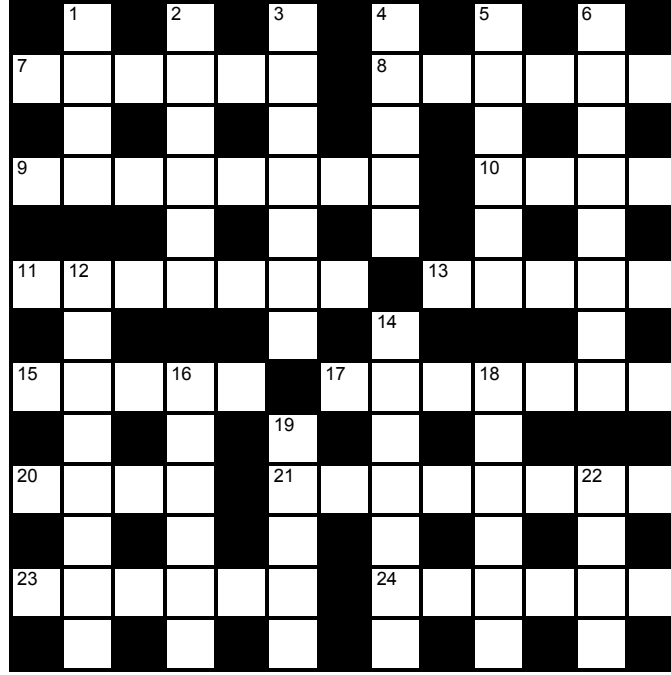


## Arogyamantra Crossword 008



### Across

- 7 Roof of the mouth (6)
- 8 Enzyme that curdles milk for making cheese (6)
- 9 Aromatic bark used as a spice (8)
- 10 Food grain helpful in reducing cholesterol (4)
- 11 Organic compound produced from tryptophan in the digestive tract (7)
- 13 Abdomen (5)
- 15 Wear away (5)
- 17 Pertaining to the elbow (7)
- 20 Hip joint (4)
- 21 Sanskrit name for *Andrographis* used as febrifuge (8)
- 23 *Bacopa monnieri* said to be a brain tonic (6)
- 24 Plant with stinging hairs belonging to *Urtica* genus (6)

### Down

- 1 Pulse, in Ayurveda (4)
- 2 Nut having significantly higher amounts of omega 3 fatty acids (6)
- 3 Charles Darwin proposed this as a unit of inheritance (7)

- 4 Vital air pervading the whole body (5)  
 5 Aromatic organic compound found in coal-tar (6)  
 6 Wound healing herb known as Gotu Kola (8)  
 12 Camphor, in Sanskrit (8)  
 14 Ointment or salve (7)  
 16 Old unit of weight equal to 60 grains (6)  
 18 Narcotic drug that contains an opium derivative (6)  
 19 Toxin found in the seeds of the Rosary Pea (5)  
 22 Sanskrit name for *Sida cordifolia* known for its anti-inflammatory properties (4)

## SOLUTION

