

Arogyamantra Crossword 058

Across

- 7 Energy points in the body according to Ayurveda and Siddha (6)
- 8 Glass labware item (6)
- **9** Quality or taste of an ayurvedic drug (4)
- 10 Small citrus tree with pear-shaped fruit whose oil is used in perfumery (8)
- 11 Spice obtained from the pungent stigma of a Crocus variety (7)
- 13 Butyric and palmitic are examples of such acids (5)
- 15 Mode of prakriti associated with lethargy, darkness, and ignorance (5)
- 17 Seeds of this aromatic herb is used to treat colic and digestive disorders (7)
- 20 Appearance of the baby's head during childbirth (8)
- 21 Culture medium (4)
- 22 Deep orange edible root (6)
- 23 Dried ginger in Sanskrit (6)

Down

- **1** One of the five purification therapies of panchakarma (6)
- 2 Indian gooseberry (4)
- **3** Fleaseed husk used as a natural laxative (7)
- 4 Terminate a pregnancy (5)

- **5** Corpse pose in Sanskrit (8)
- **6** A vessel where substances are distilled (6)
- 12 Platyhelminth in common parlance (8)
- **14** Another name for the neem tree (7)
- **16** Blockage of this will cause asphyxiation (6)
- **18** Ether; one of the panchabhootas (6)
- 19 Bitter in Sanskrit (5)
- 21 Inflammatory skin disease (4)

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SOLUTION