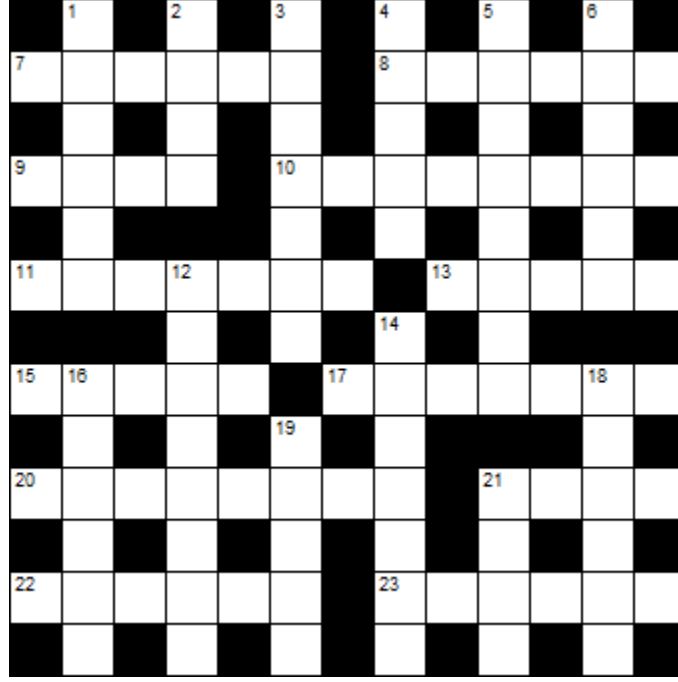


## Arogyamantra Crossword 064



### Across

- 7 Pomegranate in ayurveda (6)
- 8 Indigestion, according to ayurveda (6)
- 9 Sanskrit name for *Sida cordifolia* known for its anti-inflammatory properties (4)
- 10 Having no fever (8)
- 11 Sanskrit for lime (7)
- 13 Slender tube inserted into a blood vessel to keep it open (5)
- 15 Mode of prakriti associated with lethargy, darkness, and ignorance (5)
- 17 Substance having no direct medical benefit which nevertheless makes one feel better (7)
- 20 Producing two offspring at a time (8)
- 21 Froth or effervesce (4)
- 22 Dried ginger (6)
- 23 Sanskrit name for the castor plant (6)

### Down

- 1 *Adhatoda* used to treat respiratory ailments (6)
- 2 Sesame oil in Sanskrit (4)
- 3 Sanskrit name for clove (7)
- 4 Nostrils (5)

- 5 Substance that tends to increase the flow of urine (8)
- 6 Carbohydrate used in testing kidney function (6)
- 12 Native cereal plant from Central and South America related to the quinoa (8)
- 14 Used for making casts for broken limbs (7)
- 16 One of the small sacs in a compound gland (6)
- 18 Strong alcoholic drink made by distilling grape wine (6)
- 19 Acute abdominal pain in infants (5)
- 21 Fibre yielding plant (4)

## SOLUTION

