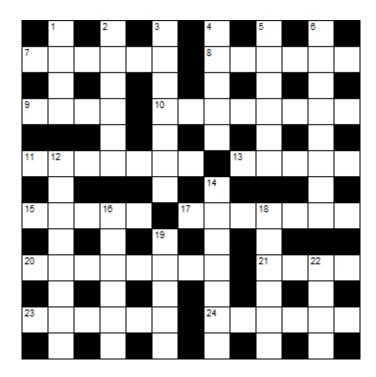
Arogyamantra Crossword 077



Across

- 7 Candidiasis of the oral cavity (6)
- 8 One of the centres of spiritual power in the body (6)
- **9** Disease-causing organism (4)
- 10 English name for nerinjil mullu or gokshura (8)
- 11 Unrefined sugar (7)
- 13 First cervical vertebra (5)
- 15 One of the gunas, opposite of tamas (5)
- 17 Seeds of this aromatic herb is used to treat colic and digestive disorders (7)
- 20 Describing rejuvenating ayurvedic preparations (8)
- 21 A quality of prakriti (4)
- 23 Sanskrit for steady or still (6)
- 24 Plant having thick branching aromatic rhizomes (6)

Down

- 1 Clarified butter used in ayurvedic medicine and cooking (4)
- 2 East Indian spice tree belonging to Myristica genus (6)
- **3** Dried root used as a coffee adulterant or substitute (7)
- **4** Skin that covers the top of the head (5)

- **5** Deep orange edible root (6)
- 6 Ayurvedic herbal rasayana formula consisting of equal parts of three myrobalans (8)
- 12 Native cereal plant from Central and South America (8)
- **14** Cinnamon in Sanskrit (7)
- 16 Spiny tree or shrub genus (6)
- 18 Heart pain (6)
- **19** Mode of *prakriti* associated with lethargy, darkness, and ignorance (5)
- **22** Indian tree from which natural pesticides are made (4)

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SOLUTION